

## Spa & Wellness

## Lifestyle and vitality at Dorint City-Hotel Bremen

Our Vital-Spa offers a variety of wellness and sport options during your stay. Whether Finnish sauna, steam bath or snow basin we create a place of rest and ensure your physical well-being. A relaxation room and two seperate treatment rooms with private atmosphere, offers you also the opportunity to recover from everyday daily stress with an invigorating massage.

## **Prices**

Please note that spa treatments outside of normal spa use may incur additional charges. We kindly request you to register early for our treatments\*

Offers	30 minutes	45 minutes	60 minutes	75 minutes	90 minutes
relaxing Full body- massage	-	€ 80	€ 105	€ 125	€ 145
invigorating Full body- Massage	-	-	-	-	€ 145
Full-body massage	-	€ 80	€ 105	€ 125	€ 145
Deep tissue massage	-	-	€ 105	€ 125	€ 145
Foot reflex zones massage	-	€ 80	€ 105	-	-
Facial massage	€ 60	-	-	-	-
Back massage classic	€ 60	€ 80	-	-	-

<sup>\*</sup>Sport & fitness: Monday - Sunday (incl.holidays) 24 hours open

Sauna & steam bath: Monday - Friday) from 4.00 p.m. to 10.00 p.m. and on weekends (incl.holidays) from 10.00 a.m. to 10.p.m.

Spa-services: On demand